



**WOMEN'S NATIONAL  
HER STORY  
MONTH**

**SPORTS ADDITION**

newyorkedge  
**GIRLS L.E.A.D**  
Learning Empowerment through Athletic Development



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**GIRLS L.E.A.D**

*Learning Empowerment through Athletic Development*

***Please have...***

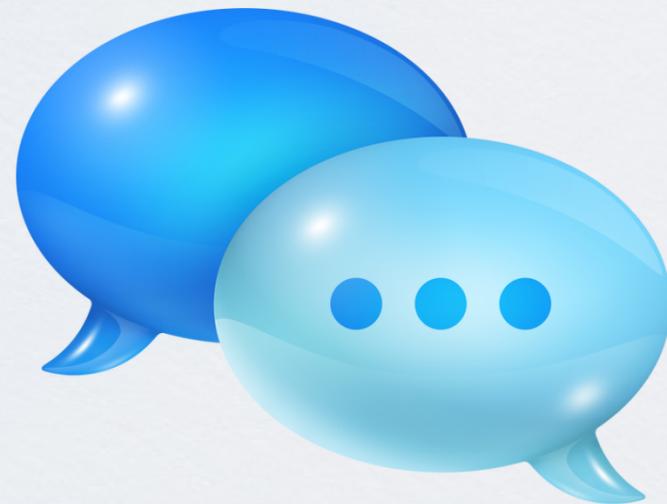
***Microphones muted!***



***Cameras on!***



***Use chat!***



**Please be respectful of others**

***THIS IS AN INCLUSIVE AND SAFE PLACE!***

***IF YOU DO NOT HAVE ANYTHING NICE  
TO SAY... PLEASE KEEP IT TO YOURSELF***



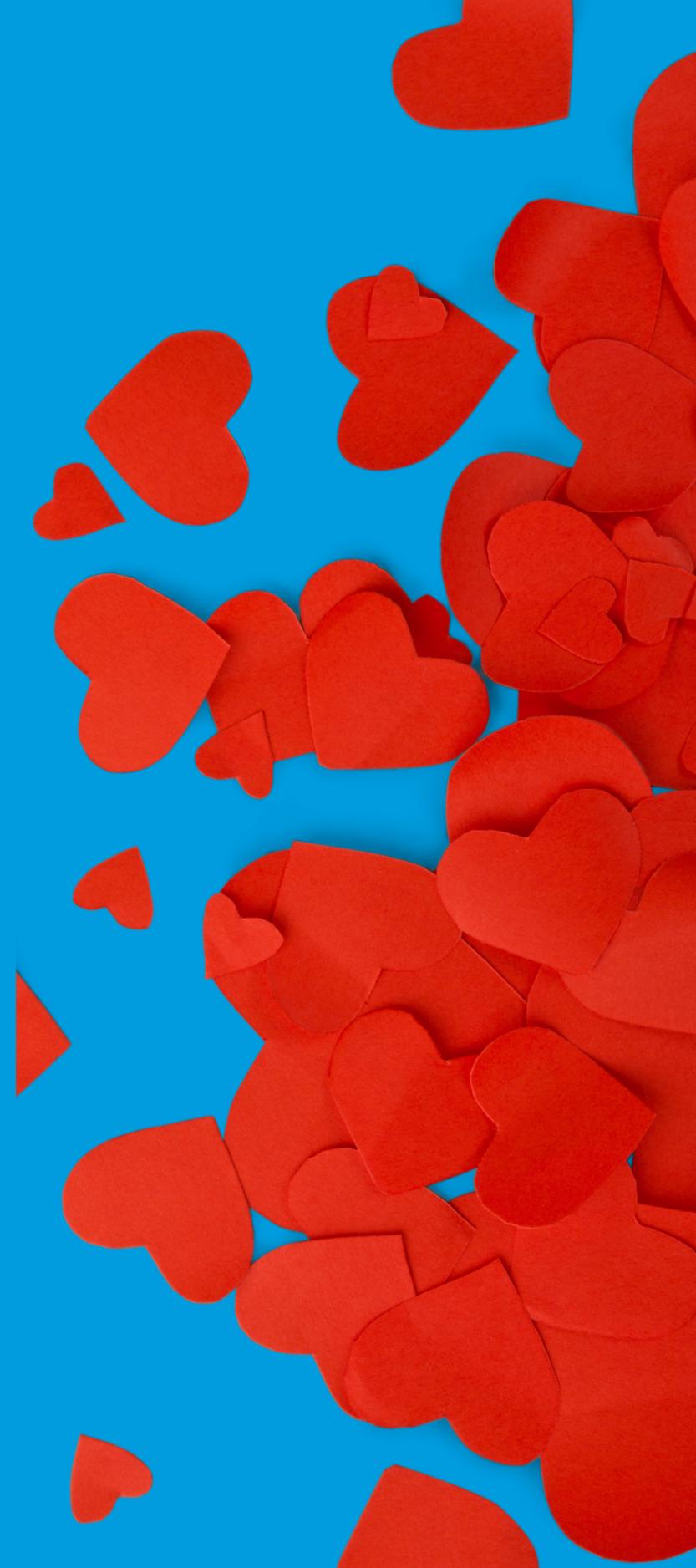
# Mindful Minute

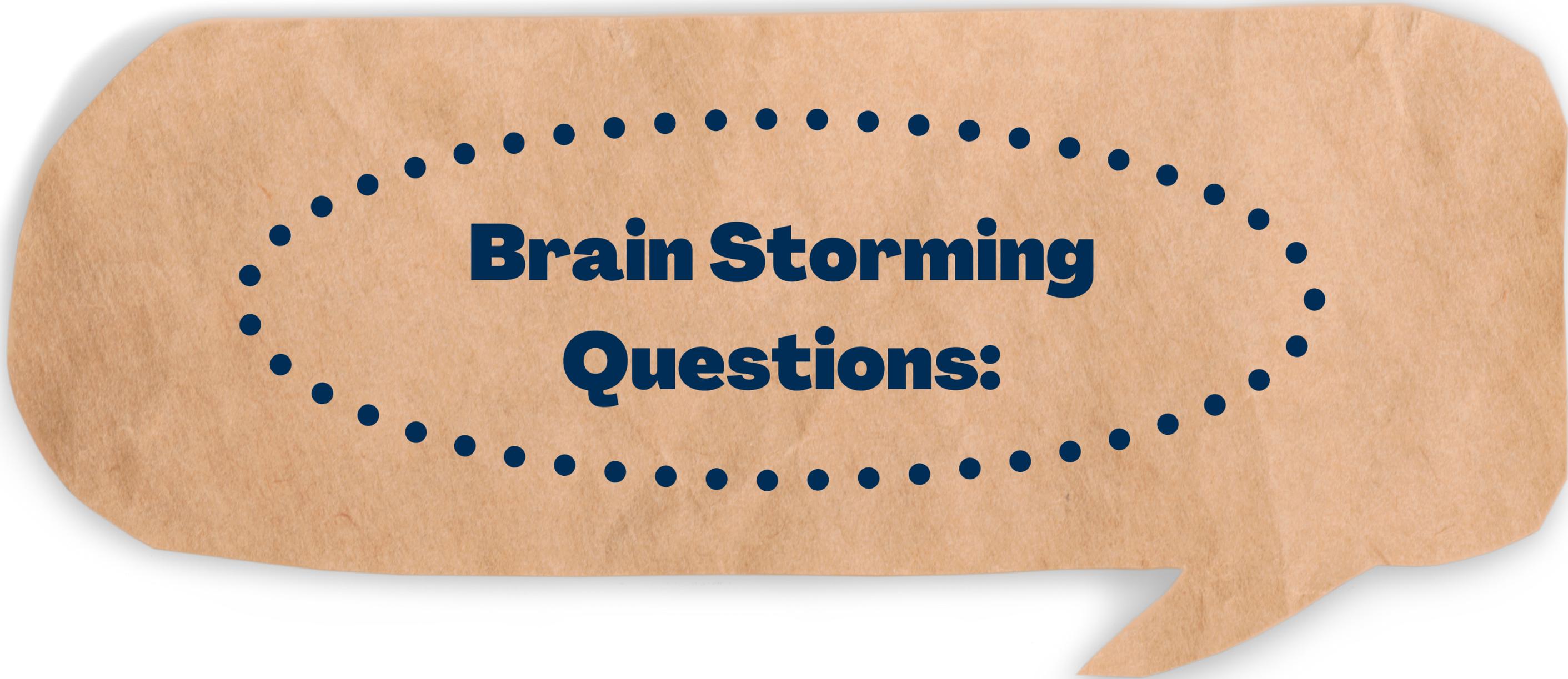


# **Counting Heart Beat**

**Do jumping jacks for one minute straight**

**Stand still and count your heart beat for 30 seconds!**





**Brain Storming  
Questions:**

A brown paper speech bubble with a dotted blue border. The text inside the bubble is in a bold, dark blue font. The bubble has a tail pointing towards the bottom right.

**Who are your favorite female athletes?**

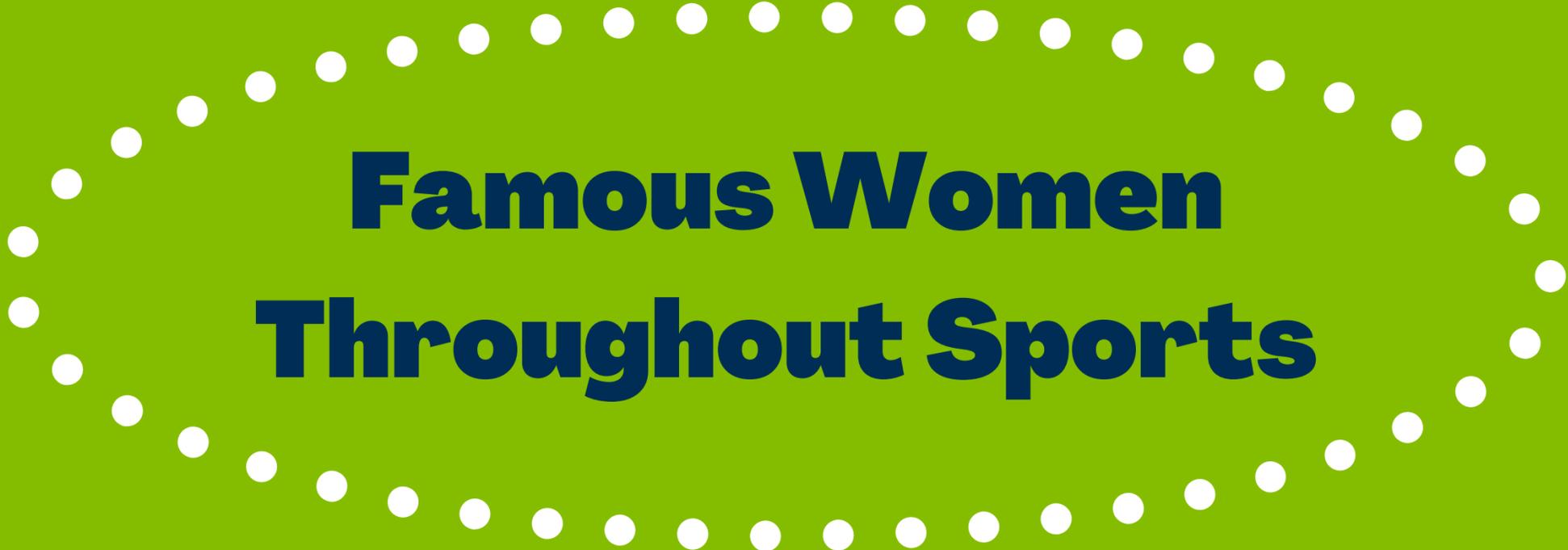
A brown, textured paper speech bubble with a pointed tail on the right side. The bubble is surrounded by a decorative border of small, dark blue dots. The text inside the bubble is written in a bold, dark blue, sans-serif font.

**Why are they your favorite athlete?**

**WOMEN HISTORY**

**KAHOOT**





**Famous Women  
Throughout Sports**

# Billie Jean King

- Was the first woman athlete to earn \$100,000 in prize money in one year (1971)
- Was the first female athlete to achieve national recognition
- She convinced her colleagues to form a players' union, creating the **Women's Tennis Association** (1973)



# Sarah Attar

- Competed at the 2012 Summer Olympics as one of the first two female Olympians representing Saudi Arabia
- Also competed in the marathon at the 2016 Olympics



# Megan Rapinoe

- Professional Soccer Player for Team USA and Orlando Reign
- One of only 4 women to ever be named the Sports Illustrated's Sportsperson of the Year
- Huge advocate for racial and gender equality, LGBTQ rights and social justice



# Florence Griffith-Joyner "Flo-Jo"

- Won three Olympic gold medals and two silvers.
- "Fastest women alive"- changed the women's sports and captivated the world with her outfits and looks!

**"Dress good to look good. Look good to feel good. And feel good to run fast!"**



# Mia Hamm

- Considered the best female soccer player in history
- Played with the U.S. women's national soccer team for 17 years
- Won the Women's World Cup in 1991 and 1999, and took Olympic gold medals in 1996 and 2004



# Serena Williams

- A cultural and sporting icon, revolutionizing women's tennis with her powerful style of play!
- Has the most Grand Slam titles than any other woman or man (23).



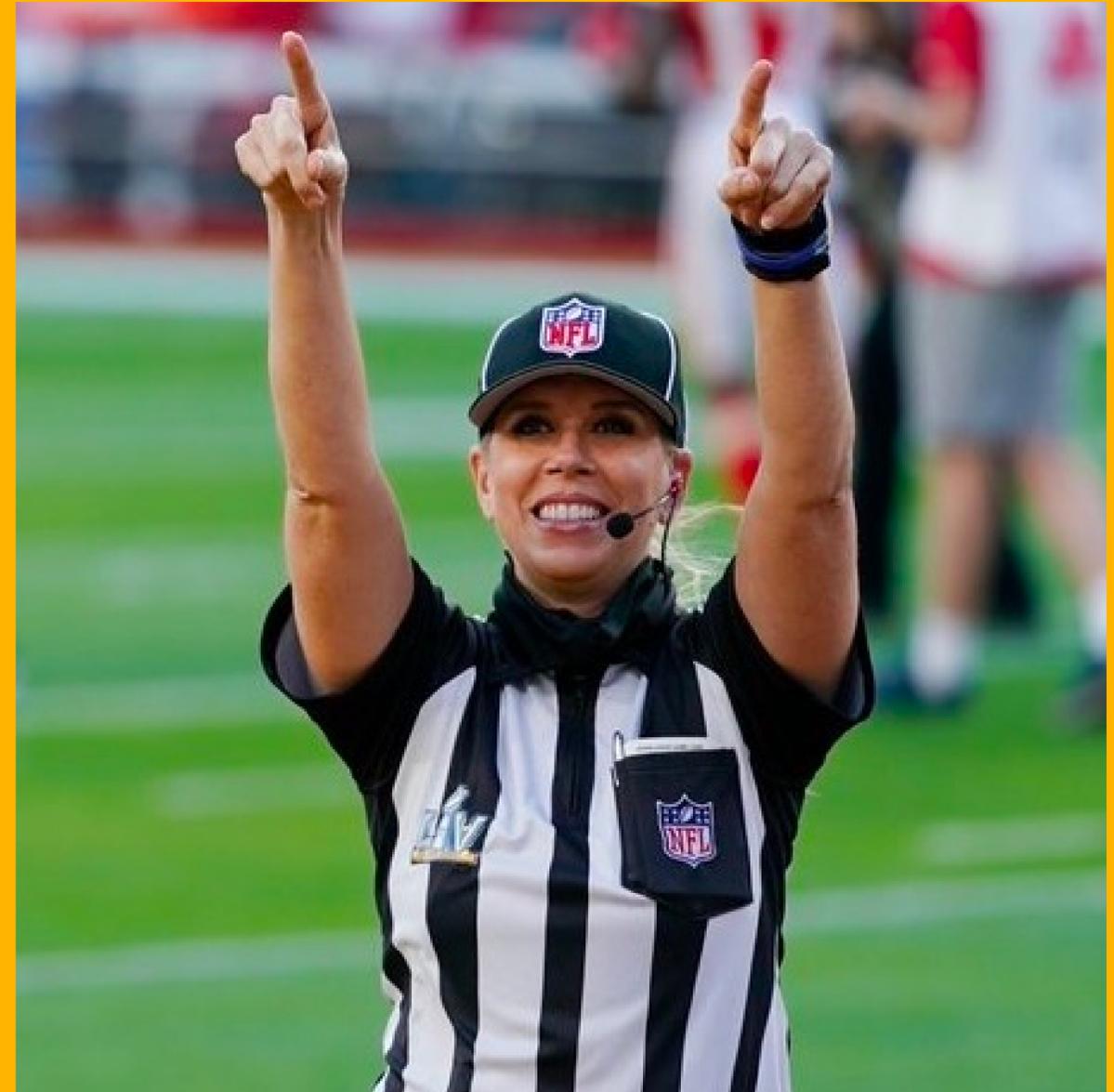
# Doris Burke

- Sports announcer and analyst for NBA
- Burke became the first woman to be a commentator for a New York Knicks game on radio and on television (2000)
- The first woman to be a commentator for a Big East men's basketball game



# Sarah Thomas

- In 2015, Sarah was hired as the first full-time female official in NFL history.
- First woman to referee the Super Bowl (2021).



# Johanna Farries

- The General Manager of Call of Duty and head of Activision Blizzard eSports leagues.
- The first and only female commissioner of an esports league
- Worked for the NFL for 12 years in multiple Vice President positions before being hired by Activision Blizzard



# Michele Roberts

- First woman to be hired as the Executive Director of the National Basketball Players Association
- The first woman to head a major professional sports union in North America



**Heads Up**

**GAME**



**Thank you for  
coming!**

